

SUSPENSION SETUP

BIKE 2020

FOXY CARBON R

Enduro / All Mountain

Fork: FOX 36 Float FIT GRIP EVOL 3P Performance 160mm

Follow FOX 36 recommended settings on the left back side of the casting.

Mondraker recommended FOX 36 GRIP EVOL 3P fork settings based on Rider weight and Enduro / All Mountain application:

SAG		RECOMMENDED SETTING*	
RIDER WEIGHT	AIR PRESSURE	CLIC(S) CLOSED FROM FULL OPEN	
lbs / kg	psi	rebound	compression
120 / 54	55	4 - 6	open
140 / 64	64	6 - 8	open
160 / 73	73	8 - 10	open
180 / 82	82	10 - 12	open
200 / 91	91	12 - 14	mid
220 / 100	100	14 - 16	mid
240 / 109	109	16 - 18	mid

*Suggested fork sag 20%

Rear shock: FOX DPX2 EVOL Performance

SAG		RECOMMENDED SETTING*
RIDER WEIGHT	SPRING RATE	CLIC(S) CLOSED FROM FULL OPEN
lbs / kg	psi	rebound
120 / 54	110	1
140 / 64	130	2 - 3
160 / 73	150	4 - 5
180 / 82	170	6 - 7
200 / 91	190	8 - 9
220 / 100	210	10 - 11
240 / 109	230	12 - 13

*Settings based on Enduro / All Mountain application and 30 - 35% recommended sag



These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.